BARNSLEY HOSPITAL COLON CAPSULE ENDOSOCPY SERVICE

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COLON CAPSULE

- Colon capsules utilise the existing technology of small bowel capsules.
- However the capsules have been modified to include cameras at both ends to provide simultaneous ante-grade and retrograde views.
- This is to combat the different challenges imaging the large colon presents due to its larger volume and austral folds.

INDICATION FOR COLON CAPSULE ENDOSCOPY

- Positive FIT between 10 -100
- Negative FIT with bowel symptoms
- 3 year polyp surveillance
- Failed colonoscopy on the day colon capsule
- Patient's that refuse colonoscopy

COLON CAPSULE ENDOSCOPY PRE COVID 19

- Dominantly Small bowel Capsules service
- 20 colon Capsules per year
- Reluctance from Consultants/ endoscopist to consider colon capsule

WHAT CHANGED ?

- Covid 19 pandemic
- BSG made recommendations for the use of colon capsule to be considered as a diagnostic tool in certain groups of patients
- The NHS England colon capsule pilot study

TEAM APPROACH TO COLON CAPSULE ENDOSCOPY

- The 2ww triage team
- The endoscopy admin team
- The Capsule Endoscopy CNS 'S
- Lead Capsule Endoscopy Consultant
- Colorectal consultant's
- 2ww MDT Coordinators
- The research team

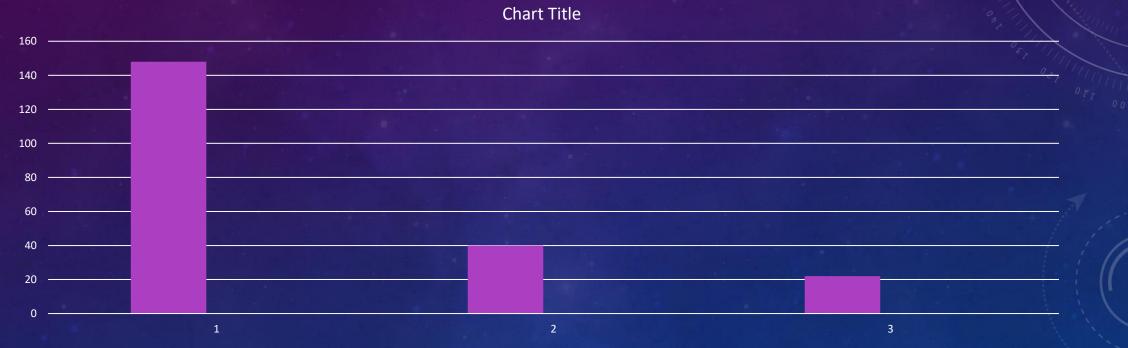
COLON CAPSULE GETTING IT RIGHT ?

- Patient selection
- The importance of the low residue diet
- Bowel preparation
- Instructions on the day
- Ensure that patient's feel fully supported through their procedure

THE PATIENT JOURNEY

- Patients for colon capsule endoscopy are required to take full bowel preparation, this is essential to
 ensure high quality visualisation of the bowel.
- Patients attend the unit for face-to-face pre assessment. Part of this includes establishing whether a
 patient requires a patency capsule to rule out small bowel strictures.
- They are required to follow a low residue diet for 5 days prior to the procedure and clear fluids only the day before their appointment.
- Patients attend the unit where they are fitted with a belt and data recorder, then ingest the capsule before returning home where they can go about their normal daily activities.
- They pass the capsule naturally and it is flushed safely down the toilet.
- The belt is then returned the following day and the images are uploaded to a computer

A SAMPLE OF 210 PATIENT THAT HAVE UNDERGONE COLON CAPSULE



Series1 Series2

NATIONAL FINDINGS FROM NHS ENGLAND TRIAL

- Over 7000 capsules have been swallowed
- 69% of patient's have been spared colonoscopy

MOVING FORWARD

- From the review the results highlight the vital role for colon capsule endoscopy
- A acceptable lower GI investigation for certain groups and patient's with FIT between 10-100
- A non invasive procedure that eliminating discomfort and unwanted complications
- Reduces the strain on therapeutic endoscopy services

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